

Curriculum
Subject: Dance
Class - V
Session - 2024-25

	April	May	June
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Holi dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Education theme based dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Basic of hand Tutting
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn holi dance steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Education theme based dance steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn hand tutting and its rhythm
Skills	Rhythm, Control, Coordination, Balance and Posture	Rhythm, Flexibility, Posture, Balance and Facial Expression (Intellectual skills)	Physical Fitness, Stamina , Perseverance, Rhythm , Coordination and Culture based ability (Intellectual Skill)
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Warm-up • Stretching • Education theme based dance 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics
	July	August	September
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Hip-Hop dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Advance steps of robotics 	<ul style="list-style-type: none"> • Warm-up • Stretching • Ghandi Jayanti theme based dance (Integrated with Hindi Subject)
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn hip hop dance steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn robotics steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their dance skills through patriotic dance and its rhythm
Skills	Alignment, Control, Rhythm, Coordination, Posture and Facial Expression (Intellectual skills)	Coordination, Rhythm, Flexibility, Alignment, Body Balancing and Facial Expression (Intellectual skills)	Motivation and discipline
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics

	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Ram Bhajan dance 	<ul style="list-style-type: none"> • Warm-up and • Stretching • New Bollywood 	<ul style="list-style-type: none"> • Warm-up • Stretching • Advance steps of Bhangra 	<ul style="list-style-type: none"> • Warm-up and • Stretching and • Revision for all topics
Learning Outcomes	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their dance skills through Ram Bhajan dance 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Bollywood steps and its rhythm 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn advance steps of Bhangra and its rhythm 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Students will be able to learn all topics
Skills	Ensure dancers Longevity, Rhythm, Flexibility and Better coordination (Intellectual skills)	Alignment, Control, Rhythm, Posture, Body Balancing and Facial Expression (Intellectual skills)	Balance, Control, Refine Movement quality, Rhythm and Flexibility	Rhythm, Flexibility, Coordination, and Body balancing
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class demonstration
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics